



RAY Play sessions

Parents Information Booklet



Who we are...

RAY Ceredigion is a charity established in 2001 originally to support out of school childcare clubs but with a remit to support play since 2005.

We have playworkers, vehicles, lots of resources and play equipment and our sessions are risk assessed and fully insured.



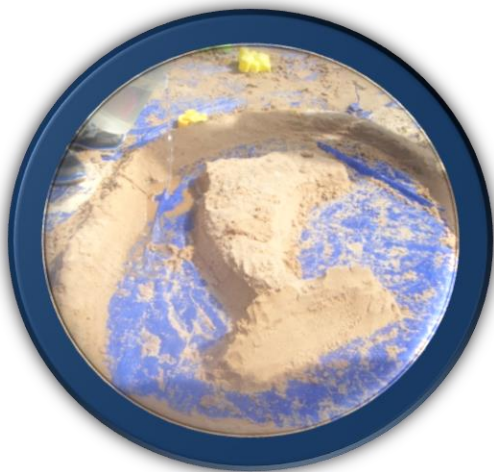
What we do...

As playworkers we support freely chosen play and our sessions are child led which means children and young people can follow their own ideas and interests.

We encourage healthy eating and always have fruit and water at every session.

Our provision is free to access and is open to any child or young person. Our playworkers have up to date DBS checks and have a variety of experience and qualifications including:

- Playwork
- First Aid
- Basic Food Hygiene
- Child Protection
- Health and safety
- Risk assessing
- Disability awareness



What is

Child led Play?

- Children and young people are supervised
- Children and young people get freedom of choice and the chance to experience a wide range of play opportunities
- RAY uses low cost and no cost materials, which are known as 'loose parts' that children can use as they wish
- Using loose parts for play encourages imagination and allows something different to be created each play session
- The role of the Playworker is to only get involved when children ask, or when it encourages play



Play equipment

The equipment we use is low cost, often recycled and can be made into new things every time it is used :

- Ropes
- Tarpaulins
- Cardboard tubes
- Wheelbarrows
- Plastic barrels
- Dressing up clothes
- Donated bikes, ride on toys
- Old wheel chairs
- Old keyboards

The only thing the children need to bring is their imagination!!





Come along!

- ✓ Ensure your child is appropriately clothed for the day's weather conditions a
- ✓ Playing can be messy so please don't dress your child/young person in their best clothes!
- ✓ RAY will provide healthy snacks and water to drink
- ✓ There is no upper or lower age limit
- ✓ It's that simple!

Inclusive play

Children attend our sessions across a wide age range and with a wide spectrum of ability. All our sessions are able to accommodate children with additional needs.

There are a minimum of two staff members at each play session who are friendly, approachable and would be happy to answer any questions you may have.



- ✓ Our playworkers carry out risk assessments before and during play sessions
- ✓ Our activities are insured



Helps to improve confidence and self esteem

Outdoor play increases physical activity and improves eyesight

A sense of achievement through self-directed play

Learning to manage risk in a supported environment

The benefits of play

It increases brain power!!

It promotes Inclusion, interaction with others and friendship

An opportunity to be creative and imaginative

A process of experimental and self-directed learning



How can I support play?

RAY runs free playwork courses throughout the year often with a free crèche, keep up to date with our activities on our RAY Ceredigion facebook page and the RAY website www.rayceredigion.org.uk



Complaints Procedures

Should you be unhappy with any aspect of our service then we have a complaints policy and procedure that ensures your complaint will be addressed within 14 days. Playworkers have copies of these with them during play sessions or you can contact the office direct, see contact details below.

How to keep in touch

Contact us on
01545 570686 o/ or via our website of our Facebook page

RAY Ceredigion
Pengloyn, Tabernacle Street
Aberaeron SA46 0BN



For regular up to date information on or join us on all RAY activities like our facebook page and receive regular updates RAYCeredig

