

<b>Llangoedmor Community Council</b>	
Meeting Date:	May 2026
Report Title:	Grant Application Trotters Lounge CIC Paper
Agenda Item Number	6.6.1
Paper Reference	March 2026-3
Presented By	Clerk
For	Decision

### **Introduction**

Trotters Lounge CIC submitted an application for a grant of £600 to the March 2026 Council meeting. This was dealt with as paper March 2026-6. This paper addresses the questions that were raised at the meeting by councillors.

### **Advice form One Voice Wales**

The clerk was asked to seek guidance from One Voice Wales (OVW) to ensure that the award of the grant would be within the Council's powers.

OVW has confirmed that the Council does have the power to award the grant to Trotters Lounge CIC.

It was also advised that councillors who have an interest in the company are unable to take part in the discussions and vote on the motion.

### **Questions from Councillors**

Councillors asked the Clerk to raise a number of questions with Trotters Lounge CIC following the discussions of the original grant application.

The questions raised by Councillors are attached as Appendix 1.

The response form Trotters Lounge CIC are attached as Appendix 2

### **Action**

**Motion:** That the Council awards a grant of £600 to Trotters Lounge CIC.

## **Appendix 1**

### **Questions for Trotters Lounge CIC Grant Application**

1. The clerk is to confirm with One Voice Wales that it can make the grant to a Community Interest Company. Waiting for OVW response.
2. Details of the signatories to the bank account listed in the bid.
3. Details of the funding that has been confirmed so far by the other 3 Communities Councils, Cardigan Town Council, and Dwr Cymru Community Fund.
4. A breakdown of the £160 per session cost.
5. Clarification of what is constituted by a wellbeing and activity session.
6. Details of the performance indicators will be used to monitor the success of the sessions.

## **Appendix 2**

12 April 2026

**Subject:** Response to Grant Application Questions – Trotters Lounge CIC

Dear Mr Jones,

Thank you for your email and for forwarding the questions raised at the recent meeting. Please see our responses below:

**1. Confirmation from One Voice Wales**

We understand the clerk is correspondence with OVW. We await confirmation and are happy to provide any further documentation OVW may require.

**2. Signatories to the bank account**

The bank account for the grant is held in the name of **Trotters Lounge CIC**. The current signatories are the three Directors: Tamra Wychwood, Sarah Edwards & Gareth Edwards.

It is worth noting that due to long term needs of the CIC we are also in the process of setting up an independent oversight group that will be responsible for ensuring that the CIC is being run in accordance with its objectives and grant funds are spent as claimed. This as a means of evidencing transparency.

**3. Confirmed funding from other sources**

At this stage, the following contributions have been confirmed/applied for:

- **Cilgerran Community Council:** Have declined as their have spent their budget.
- **Ferwig Community Council:** application submitted, awaiting decision.
- **St Dogmaels Community Council:** successful grant application.
- **Cardigan Town Council:** successful grant application.
- **Dŵr Cymru Community Fund:** application submitted. Decision pending panel meeting.

**4. Breakdown of £160 per session cost**

The £160 per session is an amount now established as a commercial rate to pay an external provider to attend the service, provide their time and materials and conduct two sessions per day, one AM and one PM. The funds raised for these activities sessions will be ring-fenced and only used for the payment for these sessions based on that commercial rate. None of the funds raised will be re-allocated into the day-to-day running costs of the leg-care service or drawn on by the Directors or other clinical contractors of the service.

**5. What constitutes a wellbeing and activity session?**

A wellbeing and activity session is an organised event that creates a sense of fun and enjoyment for the clients such that their attendance is more than merely attending to their leg care needs. In effect, that the leg cares become incidental to a 'day out' with friends enjoying an organised activity. These are essential to our model as we have shown that clients maintaining their own care needs away from the unit is directly related to their mental health – to combat low mood and maintain motivation. Our ad-hoc sessions to date have included interactions such as;

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**The Trotters Lounge CIC**

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**Seasonal wreath making:** we contracted an artist to show clients how to construct a wreath using locally harvested items and how to decorate them to a professional finish.

**Sing along:** we contracted a performer to attend with their equipment to perform a sing along session.

**Painting:** we organised an artist to attend and demonstrate techniques that the clients could use to paint a variety of common household items such as boxes and wooden spoons.

Costs included their time and materials.

Such sessions make a profound difference to the client but also to their long-term care pathway. By lifting spirits and giving people a sense of wellbeing they remain better committed to looking after themselves in-between visits which has a very positive knock-on impact to reducing use of escalated care dependency such as GP visits, DN visits as well as reducing falls, reducing skin breakdowns and reducing wound-care management.

#### **6. Performance indicators to monitor success**

The success of the sessions will be monitored using:

- Number of attendees per session and repeat attendance
- Feedback forms from participants rating wellbeing, confidence, and satisfaction
- Qualitative notes on improvements in social connection, confidence, and self-care ability

Please let me know if further detail is required for any of these points, or if it would be helpful to provide supporting documentation.

Thank you for your consideration of our application, and we are very happy to answer any follow-up questions.

Kind regards / Cofion cynnes,



Clive Wychwood  
Company Secretary  
[clive@trotters-lounge.uk](mailto:clive@trotters-lounge.uk)

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